

Member Announcements

Learning Self-Advocacy For Life

[Download Flyer Here](#) ^[1]

October 19, 2019

Thirteen individuals had a chance to walk in a psychiatrist's shoes, experience prejudice temporarily, and practice assertiveness at a two-day self-advocacy training conducted by peer advocates. Peer specialists, recovery coaches, advocates, peers, volunteers and CSP members attended the training held by the Community Advocates of Montgomery County, an affiliate of Hopeworx Inc., at the Hopeworx office on October 22 and 29, 2019. "People said they could relate to all of it," said Advocate Ellen Kozlowski, who has been teaching the training for the past 14 years. "They were involved, they were answering questions. They said they could use the information and make changes in their lives."

[Download Calendar Here](#) ^[2]

For more information contact: Bridget Snyder, ICN@icnconnections.org ^[3], [484-919-2614](tel:484-919-2614) ^[4]

MOTHERS OF CHILDREN WITH DISABILITIES

Retreat Day: The Joy of Belonging

[Download Flyer Here](#) ^[5]

Wednesday, May 1, 2019

9:30am - 2:00pm

Where: Malvern Retreat House - *Family Life Center*

315 S. Warren Avenue

Malvern, PA 19355-0315

Register: malvernretreat.com [6]

Cost: \$35

For more information contact CN@icnconnections.org [3], 610-270-2902

Member Event Flyers:

June 2019

- [Summer Programs for Kids](#) [7]
- [WFF Sponsorship Letter](#) [8]
- [Girls Night Out: Lock In](#) [9]
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May 2019

- [Mother's of Children with Disabilities Retreat Day!](#) [5]
- [Annual Teen and Young Parent Conference - Donations Accepted - Register by April 29, 2019](#) [14]
- [Brain Health Fair - Philadelphia, PA](#) [15]
- [YWCA Education and Training Center - HSE and ESL](#) [16]

April 2019

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 - [April 2019 Norristown Library Youth Services Department Calendar](#) [24]
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Past Event Flyers:

March 2019

- [Empty Plate Dinner with Interfaith Hospitality Network](#) [25]
- [Anti-Bullying Presentation with Comedian Keith Deltano](#) [26]
- **Victim Services Events**
 - [Support Group for Adult Survivors of Childhood Sexual Abuse](#) [27]
 - [Empowerment and Self-Care Group](#) [28]
 - [Support Group for Caregivers of Child Sexual Assault Survivors](#) [29]
 - **Session 1: About Sexual Abuse (March 14)**
 - **Session 2: Helping Children Heal (March 21)**
 - **Session 3: Helping Care (March 28)**
 - [Trauma Processing Yoga Group](#) [30]
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February 2019

- [Free Citizenship Class at the Philadelphia Citizenship Action Network](#) [32]
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- [Black History Live! Music, Spoken Word, Exhibits and More!](#) [34]
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December 2018

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November 2018

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September 2018

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Links:

- [1] http://icnconnections.org/sites/default/files/CSP_Local_Newsletter_November_2019.pdf
- [2] <http://icnconnections.org/sites/default/files/December-NPL-Children.docx>
- [3] <http://icnconnections.org/mail%3AICN%40icnconnections.org>
- [4] tel:484-919-2614
- [5] <http://icnconnections.org/sites/default/files/Mothers-of-Children-with-Disabilities-Retreat-Day2019.pdf>
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